Be Hot! Stay Cool!

➤ What is homeostasis?

➤ What is a healthy internal temperature for our bodies?

➤ Why is it necessary to keep our body temperature about the same constant value?

➤ If you are cold, how does your body try to keep warm?

➤ If you are hot, how does your body try to cool down?

➤ Looking at the animations on the website, draw the difference between warm and cool skin in the space below.

WARM

COLD

Be Hot! Stay Cool!

➤ In what different ways do plants and animals cope with cold temperature conditions? (You may need to research this outside of the website).

Plants

Animals

➤ In what different ways do plants and animals cope with warm temperature conditions? (You may need to research this outside of the website)

Plants

Animals

➤ Does human sweat smell?

➤ What is the difference between a deodorant and an antiperspirant?